



VOLUNTEER MEDICAL CORPS

2019 ANNUAL REPORT



CONTENTS

A SPECIAL THANK YOU MESSAGE	3
EXECUTIVE SUMMARY	4
DETAILED ACHIEVEMENT REPORT	6

A SPECIAL THANK YOU MESSAGE

Together, We Saved Lives!

We were inspired to impact lives, families, and communities and our teams were at work saving lives every day through our outreaches and initiatives. We found self expression in using our knowledge, skills, time and resources to provide medical care and humanitarian support to those who are sick or in need.

We are the answer to the cries of many!!!

According to the World Health Organization, over 125 million people are currently affected by humanitarian emergencies – by conflicts, disease outbreaks and natural disasters. They lack access to safe water and sanitation, they suffer due to shortages of medicines, and many cannot access basic health facilities because they are damaged or were destroyed in conflict.

We look forward to 2020 with great expectation at the feats we will perform in communicating the Gospel to more communities and delivering qualitative, lifesaving health care services to those who need it.

Dr Jumoke Akisanya
Senior Executive Officer

EXECUTIVE SUMMARY

VOLUNTEER MEDICAL CORPS

The Volunteer Medical Corps (VMC) is an ever-expanding global network of medical and non-medical volunteers made significant impact through strategic outreaches and campaigns organized by its teams of committed and passionate volunteers.

In 2019,

- Over 600,000 lives were impacted in 486 communities through 1,496 public health projects which were executed including global medical outreaches, hospitals visitation campaigns, television, radio and online advocacy campaigns.

VMC PUBLIC HEALTH PROJECTS

2019 World Malaria Day Project:

Designed to ensure the distribution of mosquito nets in Malaria-Endemic Communities. Insecticide treated nets worth **5,600,000 naira** were purchased and distributed by our volunteers in 7 African countries.

Many of the nets were received as in-kind donations from individual donors and community groups.

VMC Free Surgical Outreaches:

Free surgeries worth **1, 470, 000 naira** were organized for 21 indigent children with conditions such as undescended testes, umbilical hernia, poorly done circumcisions etc. whose parents gave consent. Funds were generated through donations peer to peer donations.



Global Hospital Outreach Campaign:

Impacting patients in 923 hospitals.

VMC Participation in Humanitarian Missions:



VMC teams in South Sudan , Zimbabwe, Liberia and in India were mobilized to serve as the COFI (Chris Oyakhilome Foundation International) Health team as they delivered over **1,400 free consultations** and provided medical services to **over 1,800 families** located in Magatem, Chimanimani, Assam IDP (internally displaced persons) camps respectively under the Hope Relief Missions.



DETAILED ACHIEVEMENT REPORT



VMC HUMANITARIAN PARTICIPATION IN COFI MISSIONS

PROJECT TEAM: VMC ZIMBABWE

Project Type: COFI Hope Relief Mission

Project Category: Humanitarian Health Care Services

Project Focus: Health Care and Relief Support for IDPs

On the 16th of March 2019, Tropical Cyclone Idai hit the eastern part of Zimbabwe with heavy rains and strong winds.

More than 16,000 households were in need of shelter assistance in Chimanimani, Chipinge, Mutasa, Mutare, Buhera, Chikomba, Gutu and Bikita districts, according to the official statements from the Zimbabwean government. In Chimanimani the highest number of deaths were recorded.



HEALTH PROBLEMS NOTED

Problems associated with displacement and exposure to extreme weather conditions, a higher risk of malnutrition. Access to clean water had been hampered and some dead bodies were still being discovered in decomposed state. Destruction of the water systems caused many to begin to use infected water for household chores and cooking, thus increasing the chances of water borne diseases



IMMEDIATE IDENTIFIED NEEDS

Medicines for chronic medical ailments including hypertension, diabetes and treatments for infectious diseases, Non-food relief items such as blankets, clothes, diapers, sanitary wear and food supplies, cooking utensils and portable water.



VMC's ROLE IN THE COFI INTERVENTION

On the 11th of April, the team of medical personnel from the VMC Zimbabwe chapter as the Health team of the Chris Oyakhilome Foundation International delegation arrived at Copa town in Chimanimani with its resident population of 130,000 people, and on arrival they provided medical aid to more than 950 people as they carried out medical examinations, delivered health education talks to 500 beneficiaries and provided psychosocial counselling to 35 people who were severely traumatized. The volunteers also assisted in the distribution of relief supplies to over 500 families present at the temporary site.



PROJECT TEAM: VMC SOUTH SUDAN

Project Type: COFI Hope Relief Mission

Project Category: Humanitarian Health Care Services

Project Focus: Health Care and Relief Support for IDPs



The Volunteer Medical Corps served as on the Health team of the Chris Oyakhilome Foundation International by mobilizing the VMC South Sudan Chapter to serve as medical volunteers for the Mission South Sudan which was designed to provide an extensive range of humanitarian services to over 17,000 persons representing thousands of families resident in the Mangaten Camp in Juba South Sudan.



Victims of an internal conflict within the country, these people were grossly uneducated, denied access to clean water, sanitary facilities, primary health care access and food.



Hence along with the COFI team and the VMC Uganda team led by Dr. Juliet Babirye, medications for malaria, water borne diseases, skin conditions and other prevalent medical conditions and rapid diagnostic testing kits worth \$1000 were purchased, 600 mosquito nets were procured and during the 2 day outreach, the children were dewormed, the pregnant women and mothers received the mosquito nets. Laboratory investigations were carried out and routine screening exercises. The elderly also received special care for chronic ailments such as arthritis.



Members of the VMC also facilitated a one day Basic Emergency Training program for the traffic police in Juba and they were excited to learn.

About 40 Juba Traffic police officers were trained on Basic Emergency Response as part of the TCIF's contribution to the COFI mission South Sudan expedition.



PROJECT TEAM: VMC LIBERIA

Project Type: COFI Hope Relief Mission

Project Category: Humanitarian Health Care Services

Project Focus: Health Care and Relief Support for Ebola Victims

With over 11,207 deaths recorded in Liberia due to the epidemic Ebola and thousands struggling to recover psychologically from the effect of the this outbreak, COFI member agencies participated in the Christmas Cheer Mission's trip to Liberia. Representatives of Trauma Care International Foundation, Volunteer Medical Corps office and her volunteers provided free medical screening, laboratory tests and medication valued at over \$1000 to over 3000 attendees.

A representative of the Government of Liberia, Mrs Rustonlyn Dennis, a member of the parliament for district 04 Monrovia was present at the event and expressed her deep appreciation of the immense contribution to improving the health status of the beneficiaries who received medical attention and were taught on personal hygiene, management of common childhood illnesses and they received free medications.



PROJECT TEAM: VMC PUNE INDIA

Project Type: COFI Hope Relief Mission

Project Category: Humanitarian Health Care Services

Project Focus: Health Care and Relief Support for Monsoon Flood Victims

Assam is one of the North Eastern States in India which had been submerged by monsoon floods that had led to many deaths being recorded, thousands of villages destroyed, thousands of hectares of crop area damaged and thousands displaced, sick and without food or supplies.

Our VMC team served as the health teams for the COFI Hope Relief Mission to India and they provided food supplies, relief items, medical attention, psychosocial support, and spiritual nourishment as contained in our Christian literature.

RELIEF SUPPLIES PROVIDED:

Medicals supplies, Relief materials, Sanitary pads, Nestum baby food, Clothing etc.

No Health Care without Health Workers

According to the World Health Organization, there is recorded vast inequality in the access to health care services in many nations, and according to the WHO; there is simple no health care without health workers. This need is being met in many of our member nations by the Volunteer Medical Corps

VMC MEDICAL MISSIONS

The 1, 446 VMC projects executed this year are categorized by Ministry Focus, Public Health Areas and by their alignment with the Sustainable Development Goals 3, 6, 10 and 17. The impact recorded includes onsite beneficiaries and those reached through advocacy efforts on television, radio and across online platforms.



SURGICAL OUTREACHES

PROJECT TEAM: VMC OFFICE and VMC LAGOS ZONE 1

Project Focus: Free Corrective Surgeries for hernias, congenital deformities and poorly done circumcision

On Friday 11th and Saturday 12th of April, 2019, the Volunteer Medical Corps , driven with a mission to provide medical aid, humanitarian support and relief to those in need and in communities affected by disasters; provided free surgeries to 21 children through its Lagos Chapter.

Prior to the execution of the free surgeries, a screening exercise was carried out on 350 children selected from low income families and the following medical conditions were identified: umbilical hernias, inguinal hernias, hydroceles, undescended testes and poorly done circumcisions.

Many of the children with umbilical and inguinal hernias had endured recurrent moderate to severe abdominal pains as a result of their conditions but due to the low socio-economic status of their families, they could not access the necessary treatment.

Routine surgical preparatory procedures were dully observed, all 35 pupils whose parents had given consent had pre-op investigations carried out including packed cell volume, genotype, hepatitis B and HIV screening following which they were certified fit for surgery. They were placed on pre-op hematinics (blood builders) and this continued till even after the surgery.

In total, 21 children presented at the designated center with their parents and guardians and they benefitted from the intervention delivered to them by a highly skilled medical and surgical team; all volunteers with the Volunteer Medical Corps.



Mercy Sunday, mother to one of the 6 year old beneficiaries of this intervention *declared* “ I am so grateful for the opportunity to have been part of the program. My daughter always complained of abdominal pain but, I am a widow, I didn’t have the funds to even think of taking her to the hospital for the operation. When I heard about this free surgery by the Volunteer Medical Corps; I saw it as an opportunity for me to get help for my daughter”.

PROJECT COST

The project cost approximately **N90, 000.00** per child (it was grossly discounted as those surgeries are done at N250,000 to N300,000 in public/private hospitals) and a total comprehensive cost of **N1,148,205.00** for investigations, medical supplies, medicines, logistics, and refreshments.



FUNDRAISING

A crowd funding campaign for this project was set up by the VMC office which yielded

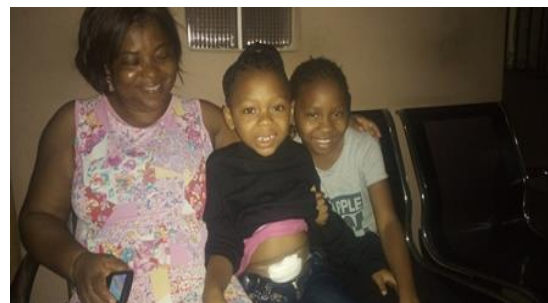
DR OLA AKISANYA

₦453,205.00

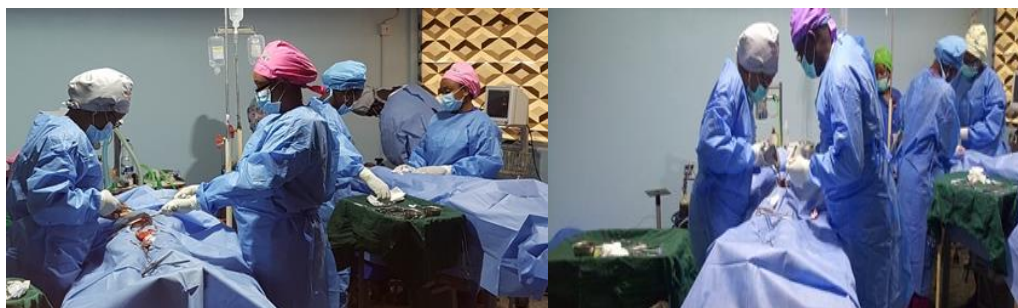
CROWD FUNDING DONORS ₦440,000.00



PARENTS WAITING ANXIOUSLY PRE-SURGERY



HAPPY BENEFICIARIES (MAGDALYN SUNDAY & HER FAMILY) POST-OP



SURGEONS AT WORK IN THE OPERATING THEATRE

SOCIAL IMPACT: *Since this successful surgery, the parents of the children has testified that their health has increased considerably as they were reviewed 1 week and 6 weeks*

post op and were all found to be in perfect health and none of them developed any complications from the procedures.

HEALTH SYSTEMS STRENGTHENING PROJECTS

PROJECT TEAM: VMC UGANDA

Project Type: Hospital Outreach

Project Category: Health Systems Strengthening

Project Focus: Provision of support to local health facilities

The VMC Uganda had donated an ambulance, 2 delivery beds, infant resuscitation equipment and other forms of medical equipment to the Kira Health Centre III.

On a 1-year post project evaluation visit, the team was received by the His Worship, Mayor Julius Mutebi of Kira Municipal Council, Kampala Uganda who expressed his gratitude for the support provided to their health center which had been serving over 300,000 people resident in the municipality with very limited resources in terms of manpower and health equipment.



SOCIAL IMPACT: Prior to this time, the women had to make do with a rusted delivery bed to which many of them objected, thus many of their babies were delivered on the floors in the labor ward!

This horrible state is now a thing of the past as more women have enrolled to use the facility and 6 of those children were present with their mothers during the visit to express their appreciation for this intervention by the VMC Uganda.

Mayor Julius stated that the number of antenatal visits and deliveries recorded per quarter after the VMC's visit had tripled from a little over 35% to over 94 % visits as a result of the VMC's intervention.

(As shown in the chart above which was posted on the health center wall)

PROJECT TEAM: VMC BENIN REPUBLIC

Project Focus: Supporting Health Care Systems

Due to a joint hospital endowment project embarked upon in collaboration with MediTech Trust, an organization focused in improving surgical outcomes in low income settings, volunteers with the VMC in Benin Republic were able to provide access to equipment to surgical departments that are underdeveloped yet important within the Teaching Hospital in Cotonou.

SOCIAL IMPACT: The pediatric surgical department of the Hospital can now perform operations such as cleft and lip palate repair, Blount disease repair (bone disease in children) and hypospadias, epispadias corrective surgery. This will also improve training of resident doctors.



MEDICAL OUTREACHES

PROJECT TEAM: VMC PUNE INDIA CHAPTER

Project Type: Medical Outreach

Project Category: Health Care Services

Project Focus: Anemia Prevention and Treatment

VMC Pune Chapter India organized a health campaign through which they provided free medical screening and medications to 124 beneficiaries in Siddhartnagar (a slum area in Uttar Pradesh) which houses over 200 families made up of mainly of hundreds of poor women and children.

The team also provided the following items: Christian literature, 60 doses of deworming medicines, over 200 doses of iron supplements.

UTTA PRADESH'S HEALTH INDICES

Under-five mortality rates > 60 per 1,000 live births

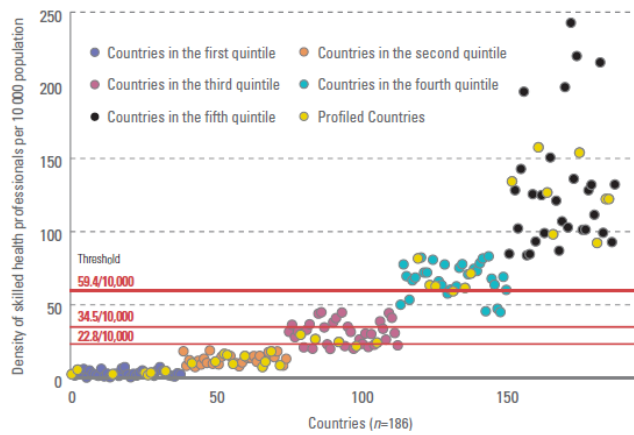
Fewer than half the children were fully immunized

More than one-third of children were stunted due to malnutrition

More than one-half of households did not have access to a piped water supply at home ¹



FIGURE 3 Density of skilled health professionals per 10 000 population (all countries and the 36 profiled countries)



PROJECT TEAM: VMC LAGOS TEAM

Project Focus: Improving Health Care Access

A medical outreach to Monkey Village, a slum located in the center of suburban Opebi area in Lagos State was executed during which medical treatment, mosquito nets and relief supplies were provided to over 100 families.



VMC ACTIVITIES BY REGION

Australia & Pacific Region

Volunteering Activities

Medical Community Service Teams

North & South America, Europe

Support programs for those in
Rehab Facilities

Support programs for the Elderly
and the Homeless

Hospital Outreaches

Voluntary Blood Donation
Campaign

Africa

Free Medical Screenings
and Treatment for
Malaria, HIV/AIDS, Non
communicable Diseases

Pediatric/Adult Out-
Patient Clinics (Eye,
Dental, Ear, Nose and
Throat , Antenatal,
Immunization Services)

Anemia Prevention and
Treatment in Low-
Income/IDP communities

Hospital Outreaches

Voluntary Blood Donation
and Public Health
advocacy programs



SOCIAL IMPACT OF VMC'S MEDICAL OUTREACHES

Our volunteers contributed to improving health care access by delivering over 6,000 doses of deworming medicines, dispensing over 10,000 packs of antimalarial and other medicines, providing approximately \$500,000 worth of free medical services valued at no less than \$50 per beneficiary within West Africa alone, giving thousands of volunteer hours spent on stakeholder engagement, planning and execution of outreaches.

The need for our unique services is clearly established.



Members of the Volunteer Medical Corps CE UK Region 2 Zone 3 Chapter seized the opportunity of the World Tuberculosis Day to reach out to the Eight South Ward at Ealing Hospital. London. United Kingdom.



Members of the Volunteer Medical Corps CE Berlin Germany Chapter provided food supplies to the homeless in Berlin Bahnhof Mission, Germany



Members of the Volunteer Medical Corps CE UK Zone 3 (shown above) opened up a soup kitchen to feed the homeless while the VMC Bowie Maryland USA (left) provided supplies to the homeless in the Happy Helpers Home.



CASE STUDY: VMC BAUCHI NIGERIA

Project Type: Medical Outreach

Project Category: Health Care Services

Project Focus: Infectious diseases, Management of Non-communicable diseases

Sabon Kaura is a remote community in Bauchi state, the North Eastern part of Nigeria; and it is home to hundreds of men, women and children. A community dominated by Muslims and ruled by the Sharia law, due to their lack of exposure to formal education; many of them suffered from communicable (infectious) and chronic non-communicable diseases including systemic hypertension and diabetes mellitus.

The VMC Bauchi team consisting of doctors, registered and trainee nurses, pharmacists, social workers and volunteers carried out an intervention in the community during which they provided Health education on disease prevention, Rapid Diagnostic tests for malaria

Free medical screening, consultation and treatments through the onsite dispensary that provided over 1,500 doses of antimalarial drugs, antihypertensive agents ,antacids hematinics (blood builders) ,worm expellant, analgesics and antipyretics, antibiotics, antidiarrheal solutions, fungicides , multivitamins + minerals.

238 beneficiaries recorded



VMC UKRAINE

VMC Ivano-Frankiv's'k reached out to the homeless, needy and malnourished people in their community in celebration of the World Food day. VMC Ukraine provided food items and personal care supplies to homeless persons at the train station, patients with infectious diseases in the local hospital (HIV patients in particular), patients diagnosed with mental health illnesses and the elderly in care homes.



VMC VERULAM, DURBAN VISITS THE INFIRMARY



Osindisweni Hospital is a district hospital located in the Buffelsdraai area, roughly 40kms away from central Durban.

This hospital serves a population of over 587,000 people resident in the Ndwedwe and North Local Council Districts.

The VMC Chapter in Verulam, Durban South Africa visited the hospital to demonstrate Godly love and care to the sick in the hospital wards. They took with them Christian literature and gifts for the sick.

VMC JOS ADVOCATES AGAINST DRUG ABUSE



VMC Jos, Nigeria held a health seminar using the peer educator model; aimed at equipping youth leaders who will in turn teach various peers in schools and groups on the dangers of substance abuse & misuse. The Jos society is bedeviled by prevalent cases of drug abuse, addiction and its attendant effect of near suicide (attempts) and suicide. VMC Jos in a bid to change this alarming trend organized the sensitization seminar to equip youth leaders from various institutions and groups in Jos.

Doctors, nurses and other health personnel were available to answer questions.

Over a 100 leaders were in attendance and they were able to recruit many into volunteer medical corps thus increasing our work force.

MALARIA PREVENTION AND ERADICATION PROGRAM

PROJECT TEAM: VMC NUNGUA GHANA

VMC Nungua Ghana Chapter conducted free screening and treatment of malaria using Rapid Diagnostic Testing.

SOCIAL IMPACT: **200** persons were been treated and **78** LLINS (long lasting insecticide treated nets) were distributed to the malaria-positive beneficiaries.



PROJECT TEAM: VMC ONITSHA



VMC Onitsha Zone commemorated World Malaria Day with men of the Police Force.

They visited the Nigeria Police Divisional HQ, Onitsha Zone where **38** Police officers including the DPO benefitted from the event, and 8 of the officers gave their hearts to Christ. **50** packs of the LLINs were distributed, **30** packs of ACT antimalarial drugs and **30** packs of Diclophenac analgesics were also given to the officials.

PROJECT TEAM: VMC UYO

Members of Volunteer Medical Corps Uyo Chapter organized a free health screening at Government Residential Area (GRA) of the state

IMPACT: 206 persons were screened for HIV, Malaria, and Diabetes.

They also embarked on a malaria sensitization and awareness campaign in collaboration with Inspiration FM 105.9. This program was reported to have impacted over 3.5 million people spanning six states- Akwa Ibom, Cross Rivers, Rivers, Abia, Ebonyi, and Imo states. The volunteers not only sensitized the beneficiaries about the awareness and treatment of malaria, they communicated preventive measure by distributing long-lasting insecticidal nets (LLIN) across the state in the market place, hospitals, offices, and homes and on the streets.

SOCIAL IMPACT: 3,800 LLINs were distributed to families and they were sensitized on the awareness, treatment and prevention of malaria.



PROJECT TEAM: VMC CONGO BRAZAVILLE

VMC Congo Brazzaville commemorated the World Water Day by organizing a health talk about the importance and benefits of drinking water and staying hydrated. They concluded the health summit by giving out branded table water bottles and also carrying screening.

Impact: This outreach impacted over **400** beneficiaries

They also commemorated the World Malaria Day by distributing **two hundred and three (203)** long-lasting insecticidal nets (LLIN) to families living in slum areas.



PROJECT TEAM: VMC ZIMBABWE

The VMC Chapter in Bulawayo distributed hygiene kits, anti-diarrheal medicines and antimalarial mosquito nets



PROJECT TEAM: VMC MAIDUGURI NIGERIA

VMC Maiduguri also commemorated the World Malaria Day by distributing one hundred and fifteen (115) long-lasting insecticidal nets (LLIN) to families living in IDP camps across the state.



PROJECT TEAM: VMC TANZANIA

Members of the VMC in Arusha Tanzania visited the hospitals to provide aid materials and mosquito nets to the patients.



PROJECT TEAM: VMC BUEA CAMEROON

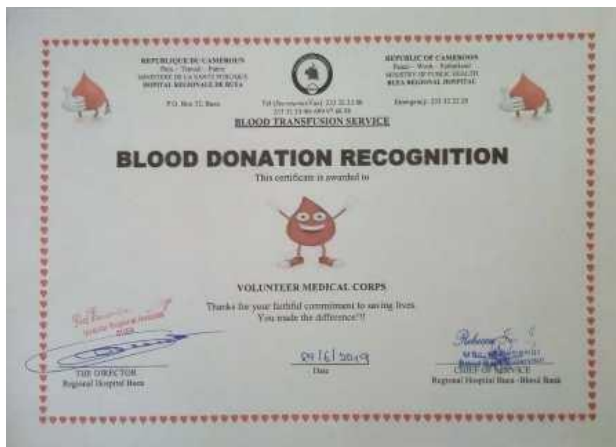
Project Type: Global Voluntary Blood Donation Campaign

Partner: Trauma Care International Foundation

Project Category: Strengthening Health Care Systems

Project Focus: Voluntary Blood Donation

Global Voluntary blood donation exercise was organized by VMC Buea Cameroon on the 29th of June 2019. In recognition of their contribution to saving lives, the members of VMC Buea, Cameroon earned a special commendation award from the Administration of the Buea Regional Hospital, for organizing a highly successful voluntary blood donation drive.



PROJECT TEAM: VMC HARARE ZIMBABWE

A voluntary blood donation exercise was organized at the National Blood Service Zimbabwe (NBSZ) office in Harare by VMC Zimbabwe as part of the ongoing Global Voluntary Blood Donation Campaign.

These donations will help ensure that emergency room patients, sick children and others who need safe blood and blood products will have access to it.



PROJECT TEAM: VMC SIERRA LEONE

PROJECT TEAM: VMC CONGO BRAZZAVILLE



PROJECT TEAM: VMC BENIN REPUBLIC



PROJECT TEAM: VMC LW UK ZONE

Blood donation took place in 6 centres in UK Zone



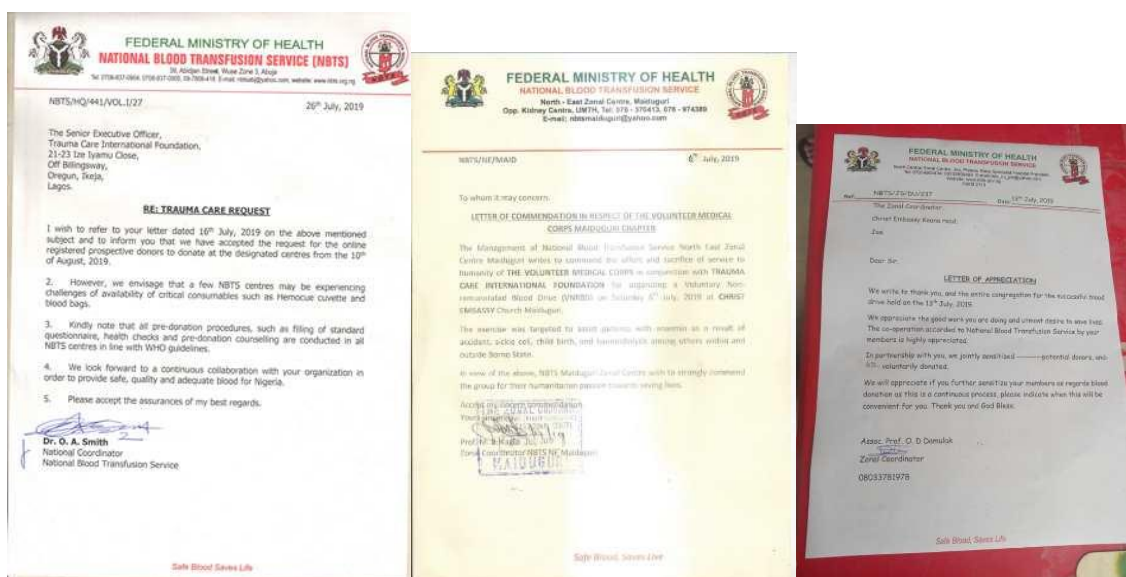
PROJECT TEAM: VMC PUNE INDIA

VMC Pune India, held two voluntary blood donation exercise on the 22nd and the 30th of June , where people came out to donate blood. They earned a commendation awards from the Sasson Government Hospital India for their humanitarian act of having over 25 voluntary blood donors in 1 day.



VMC AWARDS FOR BLOOD DONATION

Government Commendation Letters given to VMC Chapters for Organization of Voluntary Blood Drives



FINANCIALS

VMC projects are primarily funded by in-kind donations and direct donations; 90% of donations are used for projects and 10% for administrative purposes.

